FR Blend Word List

Start the /f/ air stream, then release the lip and pull the tongue back into the R shape without stopping the airflow.



SOUND	TYPICAL AGE	TYPE
/fr/	By age 5-7	Voiceless Fricative + liquid cluster

PRACTICE TIP

Stretch the front sound to buy time: ffff-rog. Then shorten it week by week.

FR does not occur often in the middle or at the end of English words, so this page practices it at the beginning.

Initial Position (20 words)

The sound is at the beginning of the word.


frog

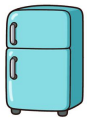

friend


fruit


fry


frame


frown


fridge


frosting

These and 2 more pictured words are in the FR Blend picture cards.

1 Syllable

13 words

frog	fruit	fresh	freeze	frill
friend	free	frost	frown	
front	fry	frame	fridge	

2 Syllables

7 words

Friday	frosting	frozen	freezer
frizzy	freckle	freckles	

High-frequency initial words

Everyday words rather than picture-card words - which is why most lists leave them out. A child already says these hundreds of times a day, so they carry more carryover value than any noun above. Target them in conversation, not in drill.

front

Generalization

Word lists get a sound into a child's mouth. Generalization is what gets it into their life. These are activities where the target words come up on their own, so nobody has to be talked into practicing.

Play-based ideas for young children

Frog jumping

Hop toy frogs across lily pads made of paper.

Words that come up: frog, from, front, free, fresh, jump, again, more, hop, big, splash, my turn, go, wet

Fruit salad

Chop pretend fruit and mix it in a bowl.

Words that come up: fruit, fresh, from, fry, free, more, please, cut, mix, eat, yum, again, all, done

Fridge play

Open and close a play fridge, putting food in and out.

Words that come up: fridge, fresh, fruit, from, front, open, close, cold, in, out, more, again, put, get

Conversation and verbal games for older kids

Friend facts

Describe a friend without naming them. "Friend" every round.

From scratch

Explain how to make something from scratch.